

ARE YOU BORN TO BE A **BODYGUARD?**

**DO YOU HAVE WHAT IT
TAKES TO PROTECT
SOMEONE? FIND OUT WITH
THIS BODYGUARD TEST!**

**1. YOU SPOT A GANG HANGING BY
A DARK ALLEY. DO YOU:**

- a) walk straight past, not making eye contact
- b) stare at them hard, looking mean
- c) casually cross the road and walk on
- d) challenge them and demand to know what they're doing there

**2. YOU THINK YOU'RE BEING
FOLLOWED. DO YOU:**

- a) turn round and wave at the suspected person
- b) phone the police
- c) use the reflection in a window to see who's behind you
- d) run as fast as you can to lose them

**3. YOU'RE PACKING YOUR
GO-BAG FOR A MISSION.
DO YOU TAKE:**

- a) a first-aid kit
- b) your smart phone
- c) a weapon
- d) your toothbrush and deodorant

**4. AN ANGRY FAN APPROACHES
YOUR VIP. DO YOU:**

- a) get the fan in a headlock until the police arrive
- b) quickly bundle the VIP in the car and drive off at high speed
- c) block the fan's path and order him to leave
- d) intercept, then talk to him and try to calm him down

**5. YOUR VIP IS GREETING
FANS AT A SUMMER
MUSIC FESTIVAL. YOU
NOTICE A WOMAN IN THE
CROWD WEARING A THICK
BULKY COAT, DO YOU:**

- a) ignore her as she poses no threat to your VIP
- b) demand that she open her coat so you can search her for weapons
- c) bundle her to the ground and evacuate the VIP
- d) keep a close eye on her and, as your VIP approaches, ask her to show her hands

**6. YOU SEE A VIP
SURROUNDED BY FOUR
PEOPLE. WHICH ONE IS
THE BODYGUARD?:**

- a) a man in a bright yellow shirt with "SECURITY" on the front
- b) a middle-aged man wearing a dark suit, sunglasses and an earpiece
- c) a massive gorilla-sized guy with bulging muscles
- d) a young woman in a casual jacket and trousers

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for extracts, quizzes, downloads and more!

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ARE YOU BORN TO BE A **BODYGUARD?**

THE RESULTS!

ADD YOUR SCORE AND FIND OUT IF YOU'VE GOT WHAT IT TAKES:

QUESTION 1: a = 1; b = 3; c = 4; d = 2

QUESTION 2: a = 3; b = 1; c = 4; d = 2

QUESTION 3: a = 4; b = 3; c = 2; d = 1

QUESTION 4: a = 1; b = 2; c = 3; d = 4

QUESTION 5: a = 2; b = 3; c = 1; d = 4

QUESTION 6: a = 1; b = 3; c = 2; d = 4

Over 18

BULLETCATCHER

You are born to protect. Just like Connor Reeves, you know instinctively what to do in a dangerous situation. You're always thinking about your VIP and the threat levels in any situation. And, if it came to it, you'd have the courage and reactions to stop a bullet for them – not that it could come to that, since you would have already spotted the threat and neutralized it! Read *BODYGUARD: HOSTAGE* knowing that you wear a gold shield.

12-18

BODYGUARD

You're on the team! Like Ling in the book, you're switched on, tough and mean business. You can handle both civilian and hostile environments, but you just need a little more experience to know how to handle difficult situations.

8-12

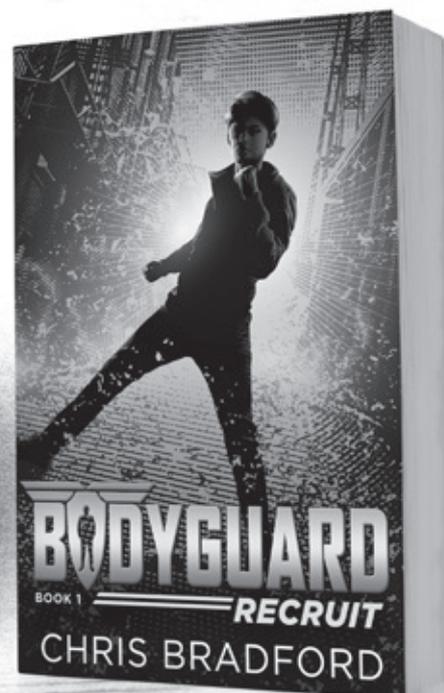
RECRUIT

You have it in you to be a bodyguard, but some serious training needs to be done first. You need to raise your awareness levels, assess the dangers around you and begin training in unarmed combat. Discover the martial arts skills Connor learns in *BODYGUARD: HOSTAGE*.

Below 8

YOU NEED PROTECTION!

Hire yourself a bodyguard quick! Or start reading *BODYGUARD: HOSTAGE* for tips on how to protect yourself. Connor didn't know anything about close protection at first, so there's still hope for you!



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ARE YOU BORN TO BE A **BODYGUARD?**

THE ANSWERS:

THESE ANSWERS ARE NOT DEFINITIVE, BUT GIVE YOU A CLUE AS TO HOW YOU SHOULD BE THINKING AS A BODYGUARD.

1. YOU SPOT A GANG HANGING BY A DARK ALLEY. DO YOU:

- a) walk straight past, not making eye contact
Non-confrontational, but you could look like a victim.
- b) stare at them hard, looking mean
You've the guts of a bodyguard, but they might take it as a challenge.
- c) casually cross the road and walk on
Clever thinking – the best form of defence is evasion.
- d) challenge them and demand to know what they're doing there
Unless it is private land, this greatly increases the risk of an attack.

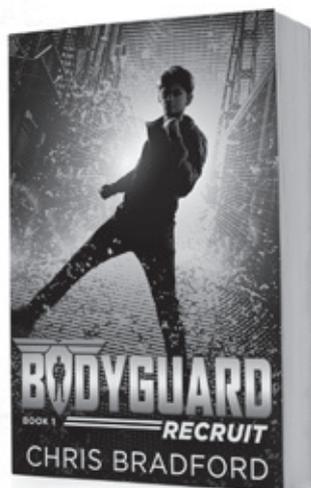
2. YOU THINK YOU'RE BEING FOLLOWED. DO YOU:

- a) turn round and wave at the suspected person
This is highly overt and only useful if you want to make them aware that you know you're being followed.
- b) phone the police
You're supposed to be a bodyguard! Why are you calling the police at this stage?
- c) use the reflection in a window to see who's behind you
This is a good covert tactic and will give you an advantage in finding out who is following you.
- d) run as fast as you can to lose them
Unless you're in danger or they run after you, this won't prove you're being followed.

Remember: Just looking behind you does not identify surveillance – it only identifies those who are behind you. However, if you see those same people later on, especially in a different place and you have seen them at least three times then alarm bells should start ringing.

3. YOU'RE PACKING YOUR GO-BAG FOR A MISSION. DO YOU TAKE:

- a) a first-aid kit
Excellent choice – a bodyguard will use their medical skills far more than their fighting skills and a good med kit could save a person's life.
- b) your smart phone
A good choice for communication. Install essential apps like maps, weather, traffic and news so you know what's happening around you at all times.
- c) a weapon
Unless you're working in a hostile environment, a bodyguard rarely carries a weapon.
- d) your toothbrush and deodorant
Good for hygiene, but no good for protecting your VIP.



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THE ANSWERS:

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4. AN ANGRY FAN APPROACHES YOUR VIP. DO YOU:

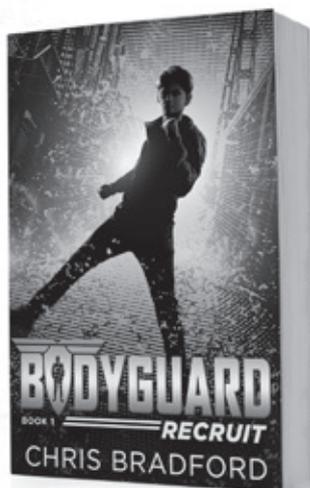
- a) get the fan in a headlock until the police arrive
No need to get violent! This is terrible for the image of your VIP.
- b) quickly bundle the VIP in the car and drive off at high speed
Unless there is a specific threat, this is an overreaction and not good for your VIP's image.
- c) block the fan's path and order him to leave
Sensible decision if the fan appears a possible danger.
- d) intercept, then talk to him and try to calm him down
The best decision for all, especially if you succeed – fan is happy, VIP's image is kept clean and you didn't need to get in a fight!

5. YOUR VIP IS GREETING FANS AT A SUMMER MUSIC FESTIVAL. YOU NOTICE A WOMAN IN THE CROWD WEARING A THICK BULKY COAT, DO YOU:

- a) ignore her as she poses no threat to your VIP
Unwise. It's odd to wear a thick coat on a hot summer day and she could be concealing a weapon.
- b) demand that she open her coat so you can search her for weapons
In most cases, not an acceptable request to make unless there's an identified threat or formal search policy in place.
- c) bundle her to the ground and evacuate the VIP
Over-reaction! The suspect could be innocent. Only appropriate if a confirmed threat.
- d) keep a close eye on her and, as your VIP approaches, ask her to show her hands
Best option as no one offended by request yet precautions are in place and you are ready to take action.

6. YOU SEE A VIP SURROUNDED BY FOUR PEOPLE. WHICH ONE IS THE BODYGUARD?:

- a) a man in a bright yellow shirt with "SECURITY" on the front
No, he is a bouncer and deals with crowd management, not personal security.
- b) a middle-aged man wearing a dark suit, sunglasses and an earpiece
Possibly, but he is more US Secret Service and a little too obvious.
- c) a massive gorilla-sized guy with bulging muscles
For the purpose of image, this guy might look intimidating but he's unlikely to be able to run 20 metres without stopping for breath. No good in a danger situation.
- d) a young woman in a casual jacket and trousers
If the VIP is smart, the woman is the bodyguard, since the best bodyguards are the ones nobody notices – female bodyguards have the advantage of being able to blend into a crowd better and can often be mistaken for a girlfriend or an assistant to those being protected.



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